

Menden Judoki In Myanmar, 4,364 km away from Japan.

 vol.12

1. Member of the Myanmar judo national team



Date created 2024/10/02

Created by Yamato Hiranuma

Thailand International Judo Championships 2024	3
PTA JAPAN Park trainers association Japan	4
Meeting Overseas Coaches	6
Conclusion	7
References	8

Hello, everyone. This is Hiranuma, head coach of the Myanmar National Judo Team.

It has been 1 year and 9 months since I arrived here, and I have been able to continue my work thanks to the warm support and encouragement from all of you. I sincerely appreciate your kindness. Every day, I am working hard to promote and develop judo in Myanmar, while focusing on the growth of our athletes, their participation in international competitions, and the instruction of young judoka.

Recently, Myanmar was struck by Typhoon "Yagi," and recovery efforts are ongoing in various regions. Fortunately, both the capital, Naypyidaw, where I live, and Yangon, the largest economic city, were minimally affected, and we have been able to continue our daily lives and judo activities without major issues. However, in these challenging times, I am constantly reminded of how precious it is to be able to engage in judo.

The warm support and encouraging words from everyone in Japan are not only a great source of strength for me but also for our athletes. As we prepare for daily training and competitions, we continue to put in our best effort, empowered by your unwavering support.

I will continue to dedicate myself to the development of judo in Myanmar. I kindly ask for your continued support and guidance. I would now like to report on the "Thailand International Judo Championship 2024," held on September 21st and 22nd in Chonburi, Thailand, where eight athletes from the Myanmar National Team participated.

Thailand International Judo Championships 2024

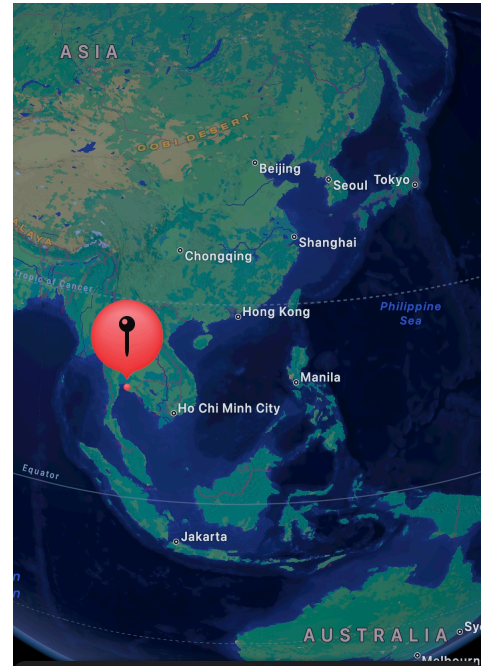
This competition was held at the Thailand National Sports University Chonburi Campus, located in Chonburi, Thailand, 4,312 km away from Japan. Chonburi is about a two-hour drive from Bangkok and is an area with many Japanese companies. It is also close to Pattaya, a city known for its vibrant nightlife, making it a lively and active place. As a result, people from all over the world gathered for the event, and the competition was highly energetic.

Teams from countries like Korea, France, the UAE, and Sri Lanka participated in this tournament, and it was a higher-level competition compared to the international tournament in Malaysia that we participated in last year.

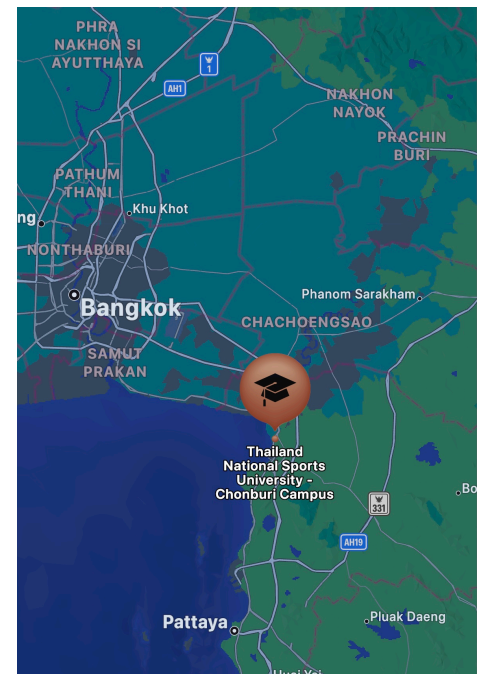
The competition categories included "Nage no Kata" and "Ju no Kata," and the divisions were divided into "Cadet" and "Senior," with a total of four divisions. From the Myanmar National Team, we had one athlete in the Cadet division and seven athletes in the Senior division. As a result, we won four silver medals (one in Nage no Kata for the Cadet, and two in Nage no Kata for the Senior), and five bronze medals.

This tournament was of a very high level, and at first, I anticipated that it would be difficult to win medals. However, all of our athletes were able to bring home medals, which was a fantastic outcome. This was our first international competition since

2. Map of Thailand



3. Venue map



last year's tournament in Malaysia, and this success has given us confidence that the training and instruction we have been working on are on the right path.

PTA JAPAN

Park trainers association Japan

This competition was held at the Thailand National Sports University Chonburi Campus, located in Chonburi, Thailand, 4,312 km away from Japan. Chonburi is about a two-hour drive from Bangkok and is an area with many Japanese companies. It is also close to Pattaya, a city known for its vibrant nightlife, making it a lively and active place. As a result, people from all over the world gathered for the event, and the competition was highly energetic.

Teams from countries like Korea, France, the UAE, and Sri Lanka participated in this tournament, and it was a higher-level competition compared to the international tournament in Malaysia that we participated in last year.

The competition categories included "Nage no Kata" and "Ju no Kata," and the divisions were divided into "Cadet" and "Senior," with a total of four divisions. From the Myanmar National Team, we had one athlete in the Cadet division and seven athletes in the Senior division. As a result, we won four silver medals (one in Nage no Kata for the Cadet, and two in Nage no Kata for the Senior), and five bronze medals.

This tournament was of a very high level, and at first, I anticipated that it would be difficult to win medals. However, all of our athletes were able to bring home medals, which was a fantastic outcome. This was our first international competition since last year's tournament in Malaysia, and this success has given us confidence that the training and instruction we have been working on are on the right path.

4. Commemorative photo with PTA JAPAN and the Myanmar Judo National Team



5. First Aid in Action ①



6. First Aid in Action ②



Meeting Overseas Coaches

During this tournament, I had the opportunity to meet coaches who are also working overseas. I was able to connect with Yukitaka Fukui Sensei, who is famous for his “Kadindchi Diary” about his experiences in Bhutan (Bhutan 🇧🇹 【Kadindchi Diary! No.1】 <https://judos.jp/20230908/>), and Tomoki Kikuchi Sensei, who is sharing his "Sabaidee Judo Story" from Laos (Laos 🇱🇦 【Sabaidee Judo Story!】 <https://judos.jp/laos1/>).

Moreover, it was an unexpected pleasure that my students were able to compete against the students coached by Fukui Sensei and Kikuchi Sensei in the tournament. It was an invaluable experience to not only meet fellow judo coaches in a foreign country but also to witness our students competing against each other.

Through judo, we have built connections with others working abroad, and this has been a deeply meaningful time for me. I believe that this

* 7.:Match with a Laotian Athlete Coached by Kikuchi Sensei



8.Match with a Bhutanese Athlete Coached by Fukui Sensei



experience has also greatly inspired our students and contributed to their growth.

Conclusion

Through this tournament, the Myanmar National Judo Team has continued to grow and achieve great results. Participating in a high-level competition and having all our athletes win medals is proof that our efforts are paying off, and it has given us confidence in our future endeavors. I would also like to express my deep gratitude to the PTA and all those who provided us with invaluable support, which allowed us to complete the tournament safely and effectively.

Additionally, the opportunity to interact with overseas judo coaches and witness our students compete against others from different countries has been a new source of learning and motivation as a coach. The relationships we've built through judo in a foreign country are incredibly valuable and will have a lasting impact on our future activities.

Moving forward, we will continue to support the growth of our athletes and strive to achieve even greater results on the international stage. I will continue to make every effort

References

1. Map of Thailand /Apple Maps [https://maps.apple.com/?address=111 Moo 1 Sukhumvit Road, Nong Mai Daeng, Mueang Chon Buri, Chonburi 20000, Thailand&auid=16750876310725609&ll=13.408928,100.992647&lsp=9902&q=Thailand National Sports University - Chonburi Campus&t=m](https://maps.apple.com/?address=111%20Moo%201%20Sukhumvit%20Road%2C%20Nong%20Mai%20Daeng%2C%20Mueang%20Chon%20Buri%2C%20Chonburi%2020000%2C%20Thailand&auid=16750876310725609&ll=13.408928%2C100.992647&lsp=9902&q=Thailand%20National%20Sports%20University%20-%20Chonburi%20Campus&t=m)
2. Map of the Thailand national Sports university Chonburi campus / Apple Maps [https://maps.apple.com/?address=111 Moo 1 Sukhumvit Road, Nong Mai Daeng, Mueang Chon Buri, Chonburi 20000, Thailand&auid=16750876310725609&ll=13.408928,100.992647&lsp=9902&q=Thailand National Sports University - Chonburi Campus&t=m](https://maps.apple.com/?address=111%20Moo%201%20Sukhumvit%20Road%2C%20Nong%20Mai%20Daeng%2C%20Mueang%20Chon%20Buri%2C%20Chonburi%2020000%2C%20Thailand&auid=16750876310725609&ll=13.408928%2C100.992647&lsp=9902&q=Thailand%20National%20Sports%20University%20-%20Chonburi%20Campus&t=m)
3. ブータン🇧🇹より【カディンチェ日記！No.1】 <https://judos.jp/20230908/>
4. ラオス🇱🇵より【サバイディー柔道物語！】 <https://judos.jp/laos1/>

Yamato Hiranuma

Born in 1997 in Hokkaido, Japan. In 2023, I became the head coach of the Myanmar Judo Federation National Team. I graduated from Chuo University with a degree in Accounting from the Faculty of Commerce and was a member of the university's Judo Club. After competing as a corporate judo athlete and being affiliated with the Sports Hinomaru Kids Association, I served as an assistant coach for the Canadian Judo Federation National Team before assuming his current position.